# **ENGLISH SPEAKING DAY (1)**

Language Across the Curriculum (LAC)

Date: September 30, 2013 (Sports Day)

Details of the activity:

1. Do a survey on exercise habits with either an English Ambassador OR a teacher (including the principal) on Sports Day.

There will be some English Ambassadors in the spectators' stands (看台) in your house. So you don't have to (and shouldn't) go to other houses.

They will be wearing a badge which looks something like this:



If you are brave enough to ask a teacher (or the principal) to do the survey, you may get the chance to win a McDonald's \$10 coupon.

There are about 20 coupons altogether:



- 2. Please remember to take the survey form and a pen to the sports ground.
- 3. The completed survey form must be handed in as homework on October 3 (Thurs.). <u>If you fail to do so, you will have to go to</u> <u>detention class that day.</u>
- 4. You will have to use English only when you are doing the survey.
- 5. We will let you know the results of the survey as soon as possible. You will then be asked to write a report on the findings of the survey in the English class.

# SAMPLE DIALOGUE

A: Hi. We're doing a survey on the exercise habits of our schoolmates and teachers. Can you spare me a few minutes and answer some questions?

B: Sure.

A: First of all, may I have your name and its spelling please? And your class?

B: Jason Ma. It's J-A-S-O-N for Jason, and M-A for Ma. I'm from class 5A.

A: Okay. Question 1. How many hours per week do you usually spend doing exercise?

B: About 3 hours per week.

A: Question 2. What kinds of exercise do you usually do in your free time?

B: I like playing football, basketball and table tennis. I go swimming sometimes.

A: Question 3. Now would you please take a look at a list which shows some benefits of exercising regularly. (then allow some time for him/her to read the list) In your opinion, which THREE of the above are the most important benefits of doing exercise?

B: I think the three most important benefits are A (Exercise helps me lose weight),B (Exercise helps me relax) and D (Exercise makes me stronger and healthier).

#### A: Question 4. Who is your favourite sports star? Why do you admire him/her?

B: My favourite sports star is Kobe Bryant. I admire him because he works really hard in his daily practice and is so talented in basketball.

#### A: OK. That's all I want to ask. Thank you very much for your time.

B: You're welcome.

The completed survey form should look something like this:

# SURVEY ON EXERCISE HABITS

# Basic information of the respondent

1. teacher / principal	Name:	
	Signature	
2. English Ambassador	Name: Jason Ma	Class: <u>5A</u>
	Stamp	

### Question 1. How many hours per week do you usually spend doing exercise?

- A. none. I don't exercise at all.
- B. less than 2 hours
- C. between 2 hours and 7 hours
- D. more than 7 hours

### Question 2. What kinds of exercise do you usually do in your free time?

A. football	G. swimming
B. basketball	H. jogging / running
C. badminton	I. yoga
D. table tennis	J. bowling
E. tennis	K. dancing
F. golf	L. others:

(can choose more than one)  $\underline{A,B,D,G}$ 

*C*\_

## Question 3. People say there are some benefits of exercising regularly:

- A. Exercise helps me lose weight
- B. Exercise helps me relax
- C. Exercise makes me feel happier
- D. Exercise makes me stronger and healthier
- E. Exercise helps me make more friends
- F. Exercise is a good way to pass the time

In your opinion, which THREE of the above are the most important benefits of doing exercise?  $\underline{A, B, D}$ 

Question 4. Who is your favourite sports star? Why do you admire him/her? My favourite sports star is <u>Kobe Bryant</u> since <u>he works really hard in</u> <u>his daily practice and is so talented in basketball</u>.

THE END